



HCC Shows No Sign of Slowing Down

Even with exams, spring break, Easter, warmer weather, and a host of other distractions, Haitian Cultural Club (HCC) has been busier than ever and is showing no signs of any let up. The last general body meeting (GBM) before spring break featured a fabulous presentation by Victor Clay, the Social Networking Specialist at Big Bend Cares. With spring break bringing opportunities to reconnect and to meet new people, the opportunity to learn more about HIV/AIDS risk factors and prevention was especially relevant. Mr. Clay presented such important information as the routes of transmission for HIV, the importance of knowing a potential partner's HIV/AIDS status, the alarmingly high infection rates for women and Blacks, the steps to follow to correctly use a condom, and much, much more. Mr. Clay stressed the importance of being informed about HIV/AIDS risk and prevention and brought both literature and condoms for members to take with them.

After well-deserved time off for spring break, HCC began the run up to the end of the academic year with the March 19 GBM. The meeting began with an icebreaker competition to see which members could most quickly and accurately identify major bones in the body. The next item on the agenda was a talk on a recent visit to Haiti by the Tallahassee-Haiti Medical Team (www.myhaititeam.com). The main event of the meeting was "I am Not My Hair", a presentation by HCC Cooking Chair Wideline Ciceron. The program included discussion on different hair styles worn by Black people and the different personal and societal perceptions of and reactions to those styles as well as the ingredients contained in various products and their effects on hair and general health. Many members have had the experience of wearing a variety of hairstyles and expressed a wealth of perspectives and opinions on factors such as perceptions of others and the time and expense involved in achieving and maintaining various styles.

On March 25, HCC, www.sejoe.com, Parks & Crump Attorneys at Law, and The Mary Brogan Museum of Art and Science presented "Night at the Museum: Haiti Benefit Showcase", an evening of the visual art, spoken word, music, dance, and dining. The guest speaker for the event was Scott Bonnell, the founder and CEO of Hope to Haiti. One of the many highlights of the event was an exhibition of Haitian artwork from the personal collection of Joseph Ducasse on the life, culture, and natural envi-

(Continued on Page 3)

From the Editor

Thank you for reading the academic year's sixth issue of the Haitian Star newsletter. We hope to make this a publication that you will find informative and entertaining. This is *your* newsletter and we welcome your input and contributions. We look forward to your news, art, poetry, recipes, opinion pieces, as well as all other contributions, as well as your assistance in producing the newsletter and your input as to what you would like it to include. We also invite you to join the Facebook group HCC Newsletter Committee.

If you have any contributions, questions, or comments, please email them to cwc.hcc@gmail.com or post them to the Newsletter Committee Facebook group.

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HCC NEWS



HCC E-Board

Andremene "Angie" Jacques
President

Rodeline Felix
Vice President

Karen Jean-louis
Secretary

Nicole Pierre
Treasurer

Tracey Saint-Hilaire
Parliamentarian

Vladimir Gachelin
Historian



HCC Dues

A reminder from Nicole Pierre,
HCC Treasurer:

Are you a due paying member?

THEN PAY YOUR DUES TO HCC

\$15.00 for Spring & Summer Semesters

You must be a dues-paying member to run for eboard and/or vote in the eboard election

FREE T-Shirt, Discounts, Kompa Mix CD, and More!

Contact haitiance@gmail.com for more Info !

Thank You !

Special thanks to all who contributed to this newsletter:

**Benny Jacques
Karen Jean-louis
Lawrence Gonzalez
Marie Fleurimond**

Your talents and hard work are very much appreciated.



HCC Birthdays

April

**2 - Cindy Hyppolite
Cindy Fertil**

11 - Dean Meltinord

12 - Shelynn Guillaume

22 - Britney Ducleril

May

18 - Alain Justilien

23 - Andy St Hilaire

24 - Anne L Pierre

28 - Naama Jasmin

Bon Anivèsè

Joyeux Anniversaire



The Haitian Star is YOUR newsletter. Submit your contributions to cwc.hcc@gmail.com or post them to the HCC Newsletter Committee Facebook group



HCC NEWS



HCC Shows No Sign of Slowing Down

(Continued From Page 1)

ronment and the people of Haiti. All proceeds from admission to the event, as well as supplementary donations, went to Hope for Haiti. On March 26, the HCC Dance Troupe performed at Dances of the World, an exciting event organized by the FSU Puerto Rican Students Association.

The highlight of the March 26 GBM was nominations of the 2010-2011 Eboard. Tracey Saint-Hilare, the HCC Parliamentarian, explained the process for nominations and elections. Nominations for the six Eboard position were then taken, with one to three members nominated for each position, followed by nominations for committee chairs. The exciting HCC Mini Week events scheduled for April 1-3 were previewed. These events will include "Pack the Box" a service project to sort and pack items donated for the victims of the earthquake in Haiti, "Carnival", and evening of fun, games, and refreshments, and the long-awaited pageant to crown the next Miss and Mr. HCC. The final event of the semester will be the end of the year banquet later in April.

For information about upcoming HCC events, add "Haitian CC" as a facebook friend and/or email HCC at haitiance@gmail.com and request that you be added to the HCC email list.



HCC Dance Troupe Year in Review

By Tracey Saint-Hilare

The Haitian Cultural Club Dance Troupe has had a very jam-packed year. It was filled with auditions and performances that made HCC Dance troupe much stronger. As the year comes to an end, the Coordinators, Cindy Fertil and Tracey Saint-Hilare, have done their best to provide an environment that is fun and exciting as well as hardworking and family oriented. a freshmen orientation program at students, HCC dance troupe has members, Britney Duclervil and best thing is that we are still here. C.O.B.O.L., HCC Week, Club Cre- of the World, and many more. For Troupe makes up all their own we accept any and everyone. We mind, are ready to learn, and can year, one in the summer and one in gent men so if you have talent and we would always like to thank HCC, all corresponding schools, and the lovely members of HCC Dance Troupe. Dance troupe looks forward to next year and many more.



With the year beginning with T.O.P.S., Florida A&M University for incoming Anne Pierre, and lost a couple but the Some of our performances include: ole week, International Bazaar, Dances those who didn't know, HCC Dance dances, we practice twice a week, and just ask that you come with an open take criticism. We have tryout twice a the fall. We are always in need of dili- can dance, come check us out. Finally

For information about the Haitian Cultural Club Dance Troupe, add "Dancetroupe HCC" as a facebook friend and join the facebook group "HCC Dance Troupe!"



HAITIAN FACTS & CULTURE



Departments of Haiti and Their Capitals

Match the Haitian Departments with their capitals - Answers are on Page 28

Departments

- ___ 1. Artibonite
- ___ 2. Centre
- ___ 3. Grand'Anse
- ___ 4. Nippes
- ___ 5. Nord
- ___ 6. Nord-Est
- ___ 7. Nord-Ouest
- ___ 8. Ouest
- ___ 9. Sud-Est
- ___ 10. Sud

Capitals

- A. Cap-Haïtien
- B. Fort-Liberté
- C. Gonaïves
- D. Hinche
- E. Jacmel
- F. Jérémie
- G. Les Cayes
- H. Miragoâne
- I. Port-au-Prince
- J. Port-de-Paix



Haitian Jokes

A man moved from Port-au-Prince to Okay (Les Cayes). He wasn't too sure about living there. But, he met a fellow in a bar and inquired about life in Okay. Oh my, it's a great place, said the man. When I came here I couldn't utter a single word. I had no hair, no job, no food. They gave me a bed and food and helped me out. Now, as you see, I am strong and well, and I have a good job. The Port-au-Prince man was quite impressed. That's fantastic. When did you come here? Oh, replied the man from Okay, I was born here.

The priest arrived in the village and went to the church to hear confessions. As was his custom he left his watch on one of the pews. After a little while a young man came in to confess his sins.

Father, forgive me, I have stolen a watch. Well, young man, said the priest, don't just say you are sorry, but give the watch back to the owner. Oh, said the sinner, let me give you the watch, Father. No, said the priest. Don't give it to me. Give it to the owner. But, Father, I've offered it to the owner and he doesn't want to take it back, said the young man. Well, in that case, I've give you absolution for the stealing, but you can keep the watch. The priest gave the young man forgiveness. Later, however, when the priest left the church he was surprised to discover that his watch had been stolen.

A young couple treated themselves to a meal in an expensive restaurant in Petionville. After eating a huge meal they had settled back in their chairs to relax and chat. The waiter came along and asked: Will you have American coffee or Haitian coffee? The woman replied that she'd have American coffee, while the man chose Haitian coffee. The waiter said, coming right up, and rushed off. Ah, said the woman, this is a fantastic restaurant. The service is so solicitous and they have just everything. Her date agreed. After a few minutes the waiter returned with two cups, one small demitasse cup and one large coffee cup. He placed the large cup in front of the woman and the small cup in front of the man. Then, with great ceremony, he filled both cups from the same coffee pot!



EASTER IN HAITI



Easter in Haiti **Originally Published in The Caribbean Express**

In Haiti, Palm Sunday, the Sunday before Easter, is a very significant day. Haitians wearing their finest clothes go to church to receive blessed palms at mass. Palms can be seen hanging up in many homes throughout the nation during this Holy Week. The most devout Haitian Christians do without meat.

Good Friday is a legal holiday in Haiti. Many Haitians spend the Saturday before Easter busily scrubbing their floors and carefully wiping away each last mote of dust because they believe their homes must be spic and span so they will good enough for the Lord to enter. There is an organized march in which people parade through the streets reciting the Rosary and praying. On Easter Sunday, most of the country is in church. When Easter is over, Haitians often eat feasts of tender and delicious turkey or duck to make up for the time they abstained from meat.

As might be expected, Easter brings with it a certain conflict between the Roman Catholic religion to which many Haitians adhere and the widespread practice of Voudoun. Some Voudoun Rara bands visit cemeteries at this time in the belief that the day Jesus rose from the grave is an especially good time for the living to make contact with the spirits of the departed. However, as previously noted in a Caribbean Express article on Easter, many Voudoun people do not practice their art at all during this time period out of respect for Christianity.



Memories of Easter in Haiti **By Liliane Nérette Louis - Special to The Miami Herald**

For a child in Haiti, Easter meant delicious food, sweet wine and family togetherness. When I was growing up in Haiti, the Holy Week was a time of meditation and penance. It was a time of prayer and what I would call “contradictory” fasting. Fasting meant eating gourmet food. Holy Week was the time we had such meals as lobster salad, conch in gravy, cod fish soufflé, breadfruit au gratin, fresh red snapper, imported salted fish, and opened numerous cans of salmon, pure olive oil and bottles of wine.

We were not to have meat until Easter Sunday. Was this menu a way for us to enjoy our turkey more on Easter Sunday? I doubt it! Besides the traditional turkey, other aspects of the Haitian Easter season are vivid in my childhood memories. I remember sitting around the dinner table, where every Holy Thursday after supper, we children of the Nérette family (three boys and five girls) had bread and wine. That was a reminder of how special Holy Thursday was in preparation for Easter Sunday. It was the only day of the year that we children had wine. The wine was sweet and light and I learned the hard way that the grown-ups’ wine tasted different. I was about 8 years old when I helped myself to a bottle of wine left on the dinner table. Surprise! Surprise! I started to cough so badly at the first sip that mother came running to my rescue.

Easter Sunday was a joyous time. It was a time for dress-up with pretty hats and new shoes to go to church. It was a time when we were sprayed with mother's French cologne, no matter if you were a boy or girl. And it was a time for sharing eggs and flowers with our neighbors and for eating a sensational Easter Dinner.

Liliane Nérette Louis is the author of *When Night Falls, Kric! Krac!*, a book of Haitian folktales.

HAITIAN HERITAGE MONTH

Haitian Heritage Month is a celebration in the United States of Haitian heritage and culture. It was first celebrated in Boston, Massachusetts in 1998. “Tele Kreyol”, a Boston Haitian Access Television program, celebrated the whole month of May with a series of programs on Haitian history, culture, and contributions to the world. The month-long celebration has continued with such activities as parades, flag raisings, and exhibits organized by Haitian-Americans United, Inc. (H.A.U.) in collaboration with several Haitian organizations in the New England area.

The Haitian community of Palm Beach, Florida, which started the Heritage celebration in 2001, contributed greatly to make the Heritage Month first a statewide celebration, and then, a national one in the United States. Their congressman, Kendrick B. Meek, unsuccessfully introduced a bill in the House in 2004 and 2006 to recognize the month of May as Haitian-American Heritage Month in the United States. President George W. Bush and his wife Laura Bush sent a letter in May 2005 to congratulate the Haitian-American community for the heritage month and organized a celebration at the White House the same year.

Since 1998, several governors, state legislators, mayors and city councilors and commissioners have issued annual citations and proclamations recognizing the Haitian Heritage Month celebration in their states or cities.



The Haitian Heritage Month celebration is an expansion of the Haitian Flag Day, a major patriotic day celebration in Haiti and the Diaspora. Haitian President Dumarsais Estime started the Flag Day celebration with parades, cultural and athletic events in many cities in Haiti in the 1930s, when he was minister of education under President Stenio Vincent. Estime wanted to commemorate annually the creation of the Haitian flag on May 18 to encourage the development of patriotic sentiments among Haitian youth.

In addition to Flag Day celebration, the month of May carries a number of significant historical and cultural traditions that Haitians are proud to make commemorate, share, and pass on to future generations. In Haiti, May 1 is celebrated as Labor and Agriculture Day. May 2 used to be Flower Day. The Congress of Arcahaie that united black and mulatto officers to fight together for Haiti's independence is remembered from May 15 through 18. Teacher's Day is May 17, University Day May 18. The Haitian slave and revolutionary general, Toussaint L'Ouverture, was born on May 20, 1743. Mother's Day is celebrated on the last Sunday of May. For Haitian Catholics, May is the month of Mary, the mother of Jesus.



KREYOL LANGUAGE TOOLS



Kreyol language App for iPhone **Yes. There's an App for That**

In support of the disaster relief efforts now going on in Haiti, Transparent Language Inc. has pushed a Free Haitian Creole version of Byki (formerly Before You Know It) for iPhone to the Apple App store. Developed and released in record time, Byki Haitian Creole for iPhone is now available at no charge from the iTunes App Store to any iPhone or iPod Touch owner. Byki for iPhone Haitian Creole lets users quickly learn the most important words and phrases of the language, including native speaker pronunciation. Also, Byki for iPhone's searchable Phrasebook feature should be of particular value to any iPhone or iPod Touch users deploying in the relief effort. It allows users to search in English or in Haitian Creole to quickly find meanings for words and phrases. Version 1.2.3.3 includes new humanitarian relief content from the British Red Cross.



Byki Haitian Kreyol language learning Software **from www.byki.com**

In support of the ongoing Haiti relief effort, Transparent Language Inc. is now making its Byki Haitian Creole language learning software available for free download.

The entire Byki collection of over 2,000 critical Haitian Creole words and phrases, normally available only in the paid Byki Deluxe product, has now been added to the Byki Express software product, which is available at no charge in Windows and Macintosh versions. Byki Express now includes the 10 Quick Start lists of the 100 most useful words and phrases as well as a set of Medical Emergency terminology developed by Voxtec International.

To download the free enhanced Byki Express software for Haitian Creole, visit Byki.com, choose "Haitian Creole" from the list of available languages and follow the onscreen instructions. In addition Transparent Language has posted all of the Haitian Creole Byki Flash Card lists to Byki.com/List Central for free use online or download.

Byki formerly "Before You Know It," is a 3-Step, rapid learning system employing spaced interval repetition. Experts agree that the key to language learning, especially at a beginning level, is to first build a strong lexical foundation - a ready supply of words and phrases locked into one's working memory. Byki is the fastest, most direct path to that goal. Byki takes users through three simple learning steps to memorize words and phrases in a new language, including their meanings, representation, and proper pronunciation, in the shortest possible time. Millions of people around the world already use Byki, which currently comes in more than 70 languages.



MEDIA NEWS



Audio

“Hope for Haiti Now” Concert Download from iTunes

The live performances from Hope For Haiti Now, the telethon benefitting Haiti’s earthquake victims, has been released in the iTunes Store as a \$7.99 album with all proceeds going to the same combination of charitable organizations that were the recipients of the telethon’s proceeds*. The album includes live performances from Wyclef Jean, Bruce Springsteen, Mary J. Blige, Shakira, Sting, Alicia Keys, Christina Aguilera, Dave Matthews, John Legend, Justin Timberlake, Stevie Wonder, and Taylor Swift, along with both a live and a studio-recorded version of the “Stranded (Haiti Mon Amour)” collaboration from Jay-Z, Bono, The Edge, and Rihanna.

*Clinton Bush Haiti Fund, Oxfam America, Partners in Health, Red Cross, UNICEF, United Nations World Food Program and Yele Haiti.

Radio-One 90.1 Top 10 Hits

- 1 - Djakout Music - Bri Sapat**
- 2 - Barikad Crew - Jwi lavi W**
- 3 - Rock Fam - Jodi Pa Demain**
- 4 - Steevie Dog - fanm Kreyol**
- 5 - Top Adlerman & T-Vice - Klorox**
- 6 - Gracia Delva - Jerusalem**
- 7 - Barikad Crew - Tet fret**
- 8 - Nu look - Illusion**
- 9 - Zenglen - Jere Sexi A**
- 10 - Zenglen - Mwen Pap Toune**





MEDIA NEWS



VIDEO

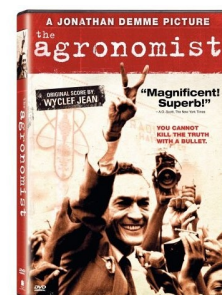
The Agronomist from www.amazon.com

The life of Haitian radio journalist and human rights activist, Jean Dominique, told through historical footage of Haiti; interviews with Dominique and his wife, Michele Montas; and footage shot before his assassination in April 2000.

Jonathan Demme has always had a thing for Haiti. With *The Agronomist*, the Oscar winning director of *The Silence of the Lambs* takes his Haitian passion for a serious and considerably more personal turn in a documentary profiling journalist and radio pioneer Jean Dominique. Demme first became intrigued by Dominique in 1991 when he undertook a series of informal video interviews. He returned to his subject many times over the next decade, sometimes in Haiti and sometimes during extended periods when Dominique was in the U.S., a political exile from his homeland. When Demme began his documentary, he certainly couldn't have planned for its end - the assassination of Dominique outside his Port au Prince radio station in 2000. As *The Agronomist* makes clear, it was a blatantly political crime and one that remains unsolved. The title refers to Dominique's original vocation helping farmers in the rural communities of Haiti.

He came from the upper classes, but continued his battles in representing his country's poor and dispossessed even as his career path changed to professional broadcaster. As operator of the independent Radio Haiti Inter from 1960 until his death, Dominique became a hero to the masses and a frequent enemy of the government. In extensive interview segments, Dominique exudes the charismatic good humor and mischievous zeal that brought him fame and infamy from the various constituents of Haiti's notorious political landscape. An impish, animated figure with sparkling eyes and naughty grin, Dominique gleefully or angrily recounts confrontations with the authority of Haiti's Duvalier father-and-son dictators, and later the Aristide regime. Using mostly raw camcorder video, Demme makes a stylish statement with his visuals and Dominique's words. He also gets plenty of help from a sensational soundtrack by another beloved Haitian hero, Wyclef Jean. *The Agronomist* is an apt history lesson about Haiti's legacy of political turmoil and a powerful testimonial about patriotism in the face of oppression.

Note: The Agronomist is available for loan at the Leon County Public Library at www.leoncountyfl.gov/LIBRARY/ and from Netflix by both DVD rental and streaming.



STRESS MANAGEMENT

College Students and Stress By Gregory Hall. Bentley College

Stress is a physical and psychological reaction to issues and events emanating from one's environment. Perceived obstacles to goal achievement, environmental change, life challenges and periods of significant transition are common stress triggers for college students. All of us experience stress on a regular basis. Most of this stress is actually positive serving to motivate us. However, like most things in excess, too much stress is negative. Excessive stress usually develops over a period of time and often goes unnoticed by the individual until a physical or emotional toll has been exacted. One can learn to manage and maintain stress at relatively healthy levels. Learning to recognize the physical and psychological warning signs of stress is the key.

Warning Signs

- ☹ Changes in sleep patterns; taking longer to fall asleep; waking up tired and not well rested
- ☹ Changes in eating patterns
- ☹ More frequent headaches than is normal for you
- ☹ Shorter temper than is normal for you
- ☹ Recurring colds and minor illness
- ☹ Frequent muscle ache and/or tightness
- ☹ More disorganized than normal for you
- ☹ Increased difficulty in task completion
- ☹ A greater sense of persistent time pressure
- ☹ Increased generalized frustration and anger



If this list seems like it describes you, seek some assistance at your campus counseling center. A counselor can assist you in reducing an unhealthy level of stress.

Proactive Stress Management

- ☺ Add a physical workout to your schedule at least every other day. One does not need to be gifted athletically to accomplish this. You can jog, power walk, use stepper, rowing or biking machines, swim or any other form of exercise. Do not see this as “recreational time” that can be blown off. Physical activity is a great way to insure that life's minor stresses do not build.
- ☺ Set both long term (this semester or this year) and short term (this day or this week) goals. Write them down. Make them part of your time management schedule.
- ☺ Manage your time. Develop a schedule that provides for academic, social and physical time. Follow the schedule! Seek the help of an advisor in developing better time management skills.
- ☺ Each day find twenty minutes of “alone time” to relax. Take a walk, write in a journal or meditate.
- ☺ Don't sweat the small stuff...always ask yourself if the issue at hand is worth getting upset about. If it isn't affecting your goal achievement, it may not be worth fretting over.
- ☺ Humor and positive thinking are important tools in stress management.
- ☺ Most importantly, communicate! Talking to a person who you trust be they a friend, roommate, family member, professor, significant other or co-worker about issues of concern is helpful. We all need someone to listen.

STRESS MANAGEMENT

Coping with Final Exam Stress and Test Anxiety By Brian Kassar, Montana State University

With finals fast approaching, stress levels and test anxiety can reach their peak. The following tips can help you in managing the stress associated with finals:

- 📖 Start NOW! Start getting organized by planning for your finals, setting study times, etc. Try to establish summer and moving plans well before finals. Begin organizing lecture notes and reviewing for those comprehensive finals.
- 📖 Maintain a normal routine. Part of the stress with finals week is that your normal routine is disrupted. Try to maintain your normal routine around sleep, meals, exercise, etc. Some semblance of normalcy will be comforting and help reduce stress.
- 📖 Practice good self-care. Keeping your body maintained and well-fueled will energize your mind and help reduce physical symptoms of stress. Get plenty of sleep, eat healthy, and avoid drugs and alcohol.

Unfortunately, many students suffer from test anxiety. Keep in mind that some nervousness or anxiety is normal and can even be helpful. Moderate levels of nervousness can help you perform by giving you an “edge.” However, too much anxiety can be debilitating. Here are some tips to help reduce test anxiety:

- 📖 Be prepared. There is no substitute for studying and preparing. Try to begin studying at least a week before your exam. Feeling well-studied and prepared can help reduce anxiety.
- 📖 Arrive early. Get to your final early so you don’t feel rushed and can give yourself plenty of time to get situated. Avoid others who may add to stress or anxiety.
- 📖 Take your time. Budget the time you have to finish the test and use it wisely. Take the time to carefully read test questions. Try to be the last one done rather than the first; this will alleviate any worry about others finishing before you.
- 📖 Don’t “catastrophize.” Avoid negative self-talk and turn the negative things you tell yourself into more positive ones, such as “I am well-prepared, I can handle this test,” etc.
- 📖 Practice relaxation before and during your test. Deep breathing, stretching, and visualization can all be done immediately before or even during your exam, and help reduce physical symptoms of stress.
- 📖 Don’t panic! If you don’t know an answer, take a moment to relax and think. If you still don’t know it, rely upon common sense and good test-taking strategies to help you come up with the right answer.

Keeping some of these ideas in mind may help get you through some tough spots during your finals. For more information on curbing test anxiety, learning relaxation, and test-taking strategies, watch for programs offered by your school.





HAITIAN COOKING



Fish Cooked the Haitian Way (Kou Bouyon Pwason)

Ingredients

- 4 pounds of fish (use whole yellow tail or red snapper, including head)
- 2 tablespoons gwo sèl (Haitian salt)
- marinade made of lime juice and seasonings (see instructions below)
- ½ cup butter or margarine
- 3 tablespoons vegetable oil
- 1 large onion, sliced
- 1 green bell pepper, chopped
- 1 red bell pepper, chopped
- 1 hot green pepper
- 1 tomato, chopped
- 3 cloves garlic
- black pepper and parsley to taste



Directions

Wear rubber gloves when handling hot peppers to protect skin and never touch eyes without removing the gloves

- 🕒 Clean the fish very well with lime or lemon. Remove the lining of the palate, rinse many times with cold water and dry the fish with a dish cloth to remove excess water. Slash the body of the fish a few times.
- 🕒 Prepare a marinade using lime juice, salt, minced parsley, crushed garlic, hot pepper, cloves, and black pepper. Use your hands to rub the marinade into the meat. The slashes in the body of the fish will help the marinade penetrate the flesh, giving it good flavor.
- 🕒 Warm ½ cup of butter or margarine and 3 tablespoons oil in a large skillet. Add the onion, peppers, and tomato. Sauté for 3 minutes.
- 🕒 Add the marinade.
- 🕒 Place the fish in the pan and turn it over a few times to coat it. Add garlic and parsley to taste. Cook on medium 20 minutes, or until the fish flakes easily with a fork.

Serve on an oval plate with a garnish of parsley, red bell pepper, rounds of lime, and sliced raw onions.

Rice is a good side dish.

Serves 8.



HAITIAN COOKING



Pineapple Casserole

Ingredients

3/4 cup sugar
1 large can crushed pineapple
2 tsp cornstarch
2 eggs; beaten
1/4 cup water
1 tsp. vanilla
butter
cinnamon



Directions

- ☉ Mix all ingredients together & put into casserole dish
- ☉ Dot with butter & sprinkle with cinnamon
- ☉ Bake 350 F for 30-45 minutes

Haitian French Toast

Ingredients

1 French baguette
1 cup orange juice
1/2 cup heavy whipping cream
2 eggs
1 teaspoon ground cinnamon
1/4 cup white sugar
1 dash ground nutmeg
3 tablespoons butter
2 tablespoons confectioners' sugar for dusting



Directions

- ☉ Cut loaf ends off and reserve for another use. Cut remaining loaf into 1 1/2 inch slices; let stand 4 hours or overnight.
- ☉ In a 9x13 inch baking pan, combine orange juice, cream, eggs ground cinnamon and white sugar. Place bread slices in pan and turn until liquid is absorbed, about 5 minutes.
- ☉ In a large skillet, melt butter over medium heat. Add bread slices and cook until browned on both sides, about 5 minutes. Dust generously with confectioners' sugar and serve warm.

Serves 6



**EACH ONE.
REACH ONE**

**Ways to help others
here and in Haiti**



ShelterBox
from www.shelterboxusa.org



What is ShelterBox ?

ShelterBox is an international disaster relief charity that delivers emergency shelter, warmth and dignity to people affected by disaster worldwide. ShelterBox is the only national aid organization that provides shelter and life-saving equipment. They quickly respond to earthquake, volcano, flood, hurricane, cyclone, tsunami or conflict and have helped over 100 disasters in more than 60 countries. Each box supplies an extended family of up to 10 people with a tent and lifesaving equipment to use while they are displaced or homeless. The contents are tailored depending on the nature and location of the disaster, with great care taken sourcing every item to ensure it is robust enough to be of lasting value.

The cost of a box is \$1,000 including delivery direct to those who need it. Each box bears its own unique number so as a donor you can track your box all the way to its recipient country via the ShelterBox website. Highly trained ShelterBox response teams distribute boxes on the ground, working closely with local organizations, international aid agencies and Rotary clubs worldwide. Since its inception in 2000, ShelterBox has firmly established itself at the forefront of international disaster relief, providing emergency shelter for the people who need it most on every continent.

Only new equipment is used and is carefully selected for durability, practicality and suitability for where it is needed. Tough, lightweight and waterproof, the box itself can also have many useful functions from food container to cot. We also continually work with a range of manufacturers to improve the quality and extend the range of equipment that we have available.

A range of equipment is kept in stock. This lets ShelterBox adjust the contents of the box according to local conditions and what is most urgently needed. The standard ShelterBox weighs 110 lbs. and has approximate dimensions of 2'3" x 1'4" x 11". They are sealed and banded for transit and security. Box contents vary depending on the nature of the disaster requiring their use.

Sometimes, particularly if other resources are available locally and the overwhelming need is for shelter, they will just send tents and pack two in each box. Each box costs an average of \$1,000 including all materials, packing, storage and distribution to individual recipients worldwide. ShelterBoxes are sponsored by service clubs, Rotary Clubs, school and church groups, businesses and individuals throughout the USA and around the world.

ShelterBox in Haiti

In Haiti, ShelterBox's response to the earthquake was immediate. ShelterBoxes and ShelterBox relief tents have been distributed and ShelterBox tent cities have been established throughout the affected areas. Providing tents that will withstand the heavy rains and the heat and humidity has been identified as the top priority for ShelterBox's work in Haiti.

To assist ShelterBox in its work, click on the "Donate Now" link at www.shelterboxusa.org and/or work with local organizations to sponsor one or more ShelterBoxes.



**EACH ONE.
REACH ONE**

**Ways to help others
here and in Haiti**

The Tallahassee-leon Shelter "The Shelter"

About the Shelter

The Shelter provides free, unconditional and unlimited lodging accommodations to guests; between 120 and 150 each night of the year. The Shelter also provides showers with use of towels, all necessary hygiene items, clothing as available from the clothes closet, dinner and breakfast, crisis intervention services, relaying telephone messages, storage lockers, a post office box to receive mail, stationary and postage and reserved bed sections.

The Shelter admits any person who requests their services and agrees to follow their basic rules. No fees are charged. It currently offers ninety beds; sixty for males and thirty for women and/or children and averages 150% capacity, because floor mats are utilized in the dining room for overflow, even in the summer months. The Shelter, with the assistance of volunteers and contracted agencies, provides such services as lodging, meals, showers, laundry services, information and referral services, case management, GED/literacy/life skills classes, legal services, health testing, mental health outreach and treatment, reading enrichment skills, dispensing of prescribed medications, health education workshops, counseling on living independently, and referrals to obtain permanent housing situations.

Volunteer Opportunities

The Shelter depends on volunteers to complete its mission. There are numerous opportunities for individuals and groups to personally participate in The Shelter's operations. Volunteers are utilized seven days a week. Church groups, civic groups, state or government offices can provide dinner or breakfast for the up to 130 guests that are served daily. People can deliver and serve the meal, or just drop off at our kitchen if desired. Dinner is served by 7:30 pm each evening, and breakfast is served at 7:00 am. Groups can also collect operational supplies such as disposable razors, toothbrushes, toilet paper, laundry detergent, coffee and sugar; collect socks and blankets for Shelter guests; and organize fundraising drives for the Emergency Fund or Women's Center to provide additional client services.

The Shelter is always in need of the following items:

- ↗ cleaning supplies, such as spray cleaner, bleach, and laundry detergent,
- ↗ personal hygiene and grooming items, such as deodorant, soap, and razors,
- ↗ food items, such as coffee, creamer, sugar, and powdered drink mixes,
- ↗ kitchen supplies, such as Styrofoam cups and plates, plastic cutlery, and paper towels, and
- ↗ clinic supplies, such as pain relievers, cough drops, alcohol pads, and cotton swabs

Contact Information:

Physical Location: 480 West Tennessee Street, Tallahassee Florida 32301

Mailing Address: PO Box 4049, Tallahassee, Florida 32315-4049

Phone: (850) 224-8448

Email: shelter@hcsmail.com



EBOARD FAREWELLS

From the Outgoing HCC Eboard Members and Committee Chairs

Andremane “Angie” Jacques

Eboard Position: President

Hometown: Lake Worth, Florida

School: Florida A&M University alumna

Class: Alumna

Major: Social Work

Career/Life Goal(s): School Social Worker

A little-known fact: I can write and recite poetry and I can do hair, weaves, dreads, etc.

Why HCC important to them: I heard about HCC before I moved here so the first thing I did when I moved here is look for the club.

HCC has been a part of my life over the years and I’ve built some memories with HCC members and I have no regrets.

Why they chose to serve on Eboard: I chose to serve on Eboard because no one else stepped up

Best part of serving on Eboard: Being on Eboard helps you become a better leader because it’s not easy. HCC is a unique organization and there is no other like it.

Most challenging part of serving on Eboard: Realizing you can’t satisfy everyone.

Advice for the person replacing you on Eboard: Never take no for an answer and don’t take criticism to heart. You have to be tough to be on Eboard.

Anything else:

Rodeline Felix

Eboard Position: Vice President

Hometown: Pompano Beach, Florida

School: Florida A&M University

Class: Junior

Major: Political Science

Plans After the Semester: Studying abroad in San Tropez...NOT! Summer school here

Plans After Graduation: Law School

Career/Life Goal(s): Become a successful state prosecutor

A little-known fact: I know how to sing but I’m too shy to do it around people! (and act too)

Why HCC important to them: Because it allows me to learn more about and show off my Haitian culture.

Why they chose to serve on Eboard: To get more Haitian American students like myself involved.

Best part of serving on Eboard: I’m able to plan events that are enjoyable to everyone.

Most challenging part of serving on Eboard: Adjusting to 5 other people’s working habits.

Advice for the person replacing you on Eboard: Set a goal for yourself as well as the organization and achieve it.

Anything else: Feel free to contact me, new Eboard and current Eboard. I’m going to miss working with you all!



Karen Jean-Louis

Eboard Position: Secretary

Hometown: Miami, Florida

School: Florida State University

Class: Sophomore

Major: Family and Child Sciences

Plans After the Semester: SLEEP!!

Plans After Graduation: Graduate

Career/Life Goal(s): To work with children and take care of my mommy.

A little-known fact: I love food and to dance.

Why HCC important to them: Because Haitian culture is so beautiful and I want to share it with EVERYONE!

Why they chose to serve on Eboard: I wanted to make a difference and have my voice heard.

Best part of serving on Eboard: Getting to know five wonderful people. Oh the memories!!

Most challenging part of serving on Eboard: When the schools mess up our plans.

Advice for the person replacing you on Eboard: Get things done on time! Put 150% into everything you do. Always support your

Eboard members (you guys are now a family).

Anything else: I LOVE HCC!

(Continued on Page 17)

EBOARD FAREWELLS

(Continued From Page 16)

Nicole Pierre

Eboard Position: Treasurer

Hometown: Miami, Florida

School: Florida A&M University

Class: Sophomore

Major: Business/Marketing

Plans After the Semester: Go to summer school

Plans After Graduation: Law School

Career/Life Goal(s): CEO of a marketing firm/medical malpractice lawyer

A little-known fact: I love HAITIANS!

Why HCC important to them: It shows me the young vibrant side of my Haitian culture.

Why they chose to serve on Eboard: To bring new ideas to better the Haitian community in Tallahassee.

Best part of serving on Eboard: Building strong long-lasting friendships.

Most challenging part of serving on Eboard: Separating duty from personal relationships.

Advice for the person replacing you on Eboard: Make sure that you're the only signer on the account.

Anything else: My birthday recently passed and it was GREAT! (still accepting gifts). Seriously, it was a pleasure serving the Haitian Cultural Club for the 2009-2010 school year.

Tracey Saint-Hilaire

Eboard Position: Parliamentarian

Hometown: Orlando, Florida

School: Florida A&M University

Class: Senior

Major: Business Administration

Plans After the Semester: Maybe summer school

Plans After Graduation: Graduate School

Career/Life Goal(s): Event Planner/Wedding Consultant

A little-known fact: I love to dance.

Why HCC important to them: It's a home away from home.

Why they chose to serve on Eboard: Because I feel that I have a duty as a Haitian to help the Tallahassee community.

Best part of serving on Eboard: Getting into parties for free.

Most challenging part of serving on Eboard: Not saying no and hurting people's feelings when you have to make decisions.

Advice for the person replacing you on Eboard: Communicate! Communicate! Communicate!

Anything else: I love being Haitian and being in the Haitian Cultural Club.



Vladimir Gachelin

Eboard Position: Historian

Hometown: Orlando, Florida

School: Florida State University

Class: Junior

Major: Management Information Systems (M.I.S.)

Plans After the Semester: Summer school

Plans After Graduation: Get a high paying job

Career/Life Goal(s): Become a millionaire by the age of 30

A little-known fact: I used to manage a restaurant before I moved to Tallahassee.

Why HCC important to them: It's my home away from home.

Why they chose to serve on Eboard: I wanted to bring positive change to the organization.

Best part of serving on Eboard: Being able to get into parties free.

Most challenging part of serving on Eboard: Planning large events.

Advice for the person replacing you on Eboard: Focus on the logistics (who's supposed to do what and when).

Anything else: I had a wonderful year and look forward to what the next board has to offer.

COMMITTEE FAREWELLS

Widline Ciceron

Committee Position: Cooking Chair

Hometown: Pompano Beach, Florida

School: Florida A&M University

Class: Junior

Major: Nursing/Cardiopulmonary

Plans After the Semester: Summer school and raising money to aid the victims of Haiti.

Plans After Graduation: To go to medical school and become an OB/GYN

Career/Life Goal(s): I want to someday become a doctor; adopt a child from Africa; and work in Africa for a year or so.

A little-known fact: I love learning about the human anatomy and their various functions.

Why HCC important to them: HCC is important to me because it's still saving the Haitian culture.

Why they chose to serve on the committee: I felt like I needed a change.

Best part of serving on the committee: Seeing new faces and meeting new people.

Most challenging part of serving on the committee: Money and time management.

Advice for the person replacing you on the committee: Still the Cooking Chair next year.

Anything else: Serving HCC this semester has been a challenge but I enjoyed every second of it.

Claire Cohen

Committee Position: Public Relations/Newsletter Chair

Hometown: Detroit to Miami Beach to Tally

School: Florida State University

Class: Alumna

Major: Special Education

Plans After the Semester: Business/life as usual

Plans After Graduation: I will always be an avid learner and student. There is no "after graduation" for me.

Career/Life Goal(s): Eventually return to my passion for working with very severely disabled children.

Little-known facts: I am an avid ice skater. I have a ginormous collection of world music. Although I am a Medicaid fraud investigator now, I taught special needs children for many years.

Why HCC important to them: Any organization or event that can reinforce ones cultural identity or teach others about a culture is extremely important.

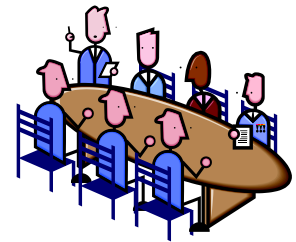
Why they chose to serve on the committee: I am passionate about exposing people to different cultures.

Best part of serving on the committee: Meeting some dynamic, energetic, and productive people who encourage me to do more things and do them better. Researching content for the newsletter is a blast (but I still want everyone to submit contributions, lol).

Most challenging part of serving on the committee: My lack of patience for tardiness and unnecessarily long meetings.

Advice for the person replacing you on the committee: Get as many people as possible involved in the newsletter.

Anything else: Identify the most dynamic, energetic, and productive people in and around the organization and let them serve as an example of what you can achieve. Remember, too, that it should be about outcomes and not who gets the credit.



MEET THE PAGEANT CONTESTANTS

Widline Ciceron

School: Florida A&M University

Classification: Junior

Major: Nursing

Minor: Political Science

Activities, Hobbies, and Organizations: SISTUHS Inc., NCNW, Sounds of Thunder, Former Marching 100 Member, Cooking Director and former Dean of Kappa Psi Delta, HCC Cooking Committee Chair. I like to write short stories and poems. I also love to cook and learn about the human body.

Why I want to be Miss HCC: I want to be Miss HCC to bring change throughout the club. Whether I win or lose I will still try my hardest to bring positive change; Miss HCC is just a title.

Dariana Vertus

School: Florida State University

Classification: Senior

Major: English

Activities, Hobbies, and Organizations: I am a very artistic person. With that being said I am into writing, blogging, music, poetry; really anything of "the arts".

Why I want to be Miss HCC: I know that I can be the face of HCC. I have the knowledge, passion, commitment, and dedication to not only serve this organization, but to place HCC in the forefront of the community.

Mark Cancia

School: Tallahassee Community College

Classification: Sophomore

Major: Criminal Justice

Activities, Hobbies, and Organizations: SGA, Black Male Achievers, Baptist Collegiate Ministries, International Student Organization.

Why I want to be Mr. HCC: I am an effective leader with an open mind. My eclectic approach to life gives many people a feeling of belonging.

Paul Etienne

School: Florida A&M University

Classification: Senior

Major: Allied Health Science/Pre-Physical Therapy

Activities, Hobbies, and Organizations: Basketball, Piano, Guitar, Singing, Soccer, Reading, Fitness. International Students of FAMU, BCM, HSPPTA, FAMU Rec Center, MCM

Why I want to be Mr. HCC: Boost HCC's image; create more opportunities and ways for people to join and commit to HCC; extend HCC's services to the community

Name: Peterson Monestime

School: Florida A&M University

Classification: Sophomore

Major: Pharmacy

Activities, Hobbies, and Organizations: I like to play basketball and football. I like going out to the movies. I like to read, but not novels. I like reading health related articles and books. I know how to sketch really well.

Why I want to be Mr. HCC: I want to become Mr. HCC because I want to promote HCC more to the FAMU student body. I also want to become Mr. HCC to promote community service among the members of HCC.



ASK TON BK AND SR. MARIE



? **Sr. Marie:** *How do I tell someone who is taller than me that I like her ?*

♀ **Sr. Marie:** Height and physical attraction may be important when looking for a fling or a casual sex. But height isn't everything. Women value personality, intelligence, and career choice. Aka someone who is agreeable, smart, and employed (provide security and protection). So approach her like you would do anyone else. If she rejects you based on height ALONE, you might want to ask for a fling or a casual sex.

? **Ton BK:** *1) How do you know when you're in love? 2) What does it take to keep a man happy? 3) How do you tell someone they have bad breath ?*

♂ **Ton BK:**

1) If you feel it, then go with it. I'm a firm believer in going with your gut feeling. If you feel love in your gut, show, express, and live it. However, never ignore the obvious signs that the same is not being reciprocated by your significant other.

2) This response is for males and females..... PLEASE BE YOURSELF! If that's not enough for the person, the find someone that accepts and likes you for "you".

3) People get offensive either way you tell them. Just be as cautious and nice as possible. Offer them a mint, piece of gum, or advice on how to keep a fresh breath.

? **Why don't Haitian men respect their Haitian partners? Why do they feel the need to impress their foreign partner (menaj etranje) and treat their Haitian partner like trash ?**

♂ **Ton BK:** I personally think you allow people to treat you like trash. I suggest that you nip it the butt. Address the situation and express to them how you feel. If this problem persists then you must make a decision based on your happiness. I don't think it has anything to do with ethnic backgrounds, or cultural differences.

? **Now that Valentine's Day is over and done, some guys have been calling and asking me out on dates. Should I say "no" out of spite ?**

♂ **Ton BK:** No, give it a shot. Maybe these individuals needed a reason to approach you. Be smart, take your time to make good judgments and decisions. Most importantly have fun, dating is a GREAT experience!

♀ **Sr. Marie:** Unless you were JUST looking for a date for Valentine's Day then there is no reason to say no. If all you are looking for is a date on Valentine's Day you need to look into some inner personal growth before looking for anyone to attach yourself to. If you are still dealing with "spite" you need to grow up!

? **How to you go about starting a small business in Tallahassee ?**

♂ **Ton BK:** This question required me to do a little research myself. Go to "www.myownbusiness.org" It's a website that gives you all the essential tools and guidelines to get started. However I would take the time to interview locally owned small businesses in Tallahassee. This will give you an idea of consumer demographic, the survival rate of new businesses, and much more. GOOD LUCK!

♀ **Sr. Marie:** There are several steps that need to be done to start a successful business. First: look into your own personal finances make sure that your business will not drown out your personal funds. Go to your bank and ask to speak with a representative about what you want to do. They can also help with funding for your start up business. Then get your business license and permit. This process varies depending on the type of business. But make sure you do this before anything else. Get insurance for your business and finally set up a method to check your accounting records, because at the end of the year you will have to report back to the federal (as possibly state) government.

(Continued On Page 21)



ASK TON BK AND SR. MARIE



(Continued From Page 20)

? *When do you know to let go of the person you really care about ?*

♂ **Ton BK:** You can get better, but never let go! Its like when a person dies. You will get better but never be completely over the fact that person is gone, and you miss them. The key point you need to take from this is "IT TAKES TIME!"

♀ **Sr. Marie:**

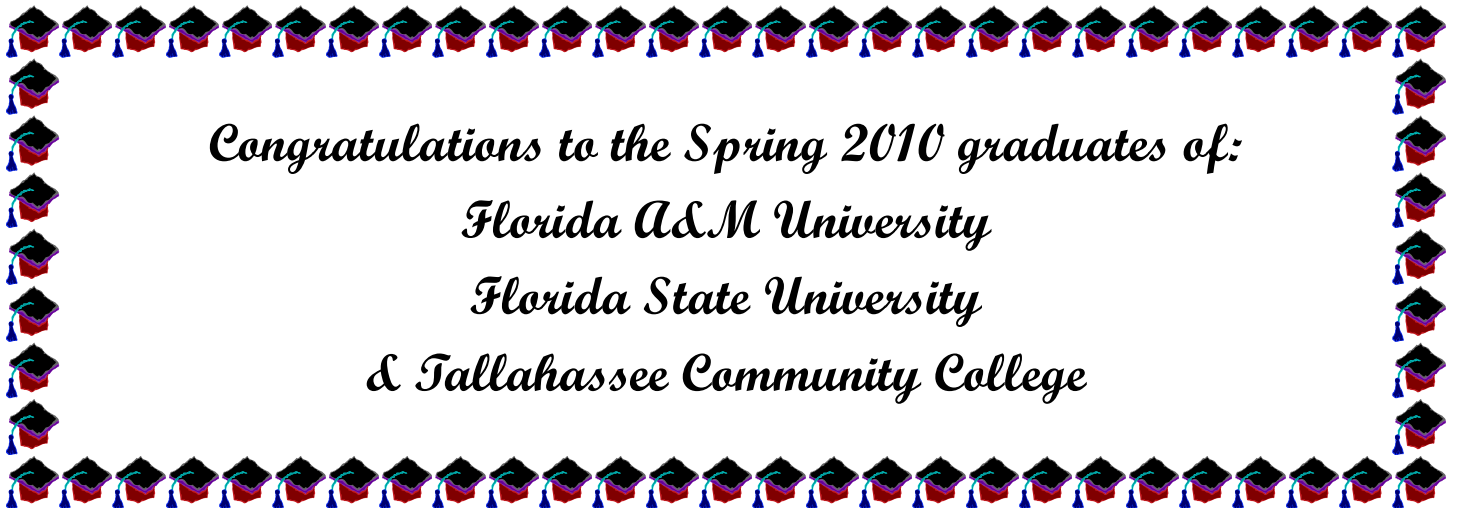
In no certain order:

- ♥ You don't want contact with them. (You taking the LONG way to class just so they don't see you OR when they call you, after 10 seconds you say "my mommas's the other line" and NEVER call back)
- ♥ Your fights getting dirty (before it was "Eww your feet stank") now it's ("Yo thang is small")
- ♥ You no longer think of the future with them
- ♥ Fighting publicly (If you don't even care who hears or sees the problems that you have, it's a sure sign that you've lost all respect for your partner.)
- ♥ You want independence (Dang why he/she don't ever be at they own house)
- ♥ You're keeping secrets (like who texted you last night)
- ♥ Change in perception (Remember when you LOVED how sexy she would dress for you...now you wondering what's taking her so DAMN long!) OR remember we he looked like a baby when he slept? Now he looks like he has a tick!

? *What do you do if you are in a relationship but have a huge crush on someone else ?*

♂ **Ton BK:** As you said it's A CRUSH! However you should be very careful that your actions and emotions won't change towards your current boyfriend/girlfriend. If they do, I suggest you taking a break. Give yourself some time to really evaluate what you want. Nevertheless, a "crush" is just that, a "crush".

♀ **Sr. Marie:** Depends...are you making excuses (cough LIES) about not being with your partner to be near your crush? Then you should break up and go after the new person. SN: You will look desperate and irresponsible by JUMPING from one person to the next. But usually a crush is just a crush don't lose someone you love and have been with for a while over nothing. The crush is just pointing out that you are getting "too comfortable" in your current relationship. Remember the things you did when the relationship was new? Why have you stopped? Reevaluate your current relationship. And the new person can always be a friend, but be open, honest, and respectable to all parties involved.



Congratulations to the Spring 2010 graduates of:

Florida A&M University

Florida State University

& Tallahassee Community College



SPORTS NEWS



Samuel Dalembert

Born in Port-au-Prince, Haiti in 1980, Samuel Dalembert only the second (Olden Polynice is the first) Haitian-born person to play in the NBA. Emigrating to Canada at the age of 14, he spent his early teen years in Montreal where he became a fine soccer mid-fielder, shot a few hoops, and dedicated himself to academics. Basketball officially began for him in 1995, but in 1996 he moved to New Jersey, where he played brilliantly at St. Patrick's High School. In 2007, he competed for Canada in the FIBA Americas Championship, where he led all tournament players in blocks and was near the top in rebounds. He is a dual citizen of Haiti and Canada (since 2007), and speaks Creole, French, and English.

Dalembert played basketball at Seton Hall University from 1999 to 2001, at which point he entered the NBA draft and was drafted by the Philadelphia 76ers and the 26th overall draft selection, rather incredible for someone who had only played basketball for six years. The center has spent his entire seven-year career with the "Sixers". Many of his points come from slamming down a variety of eye-catching dunks that have prompted the nicknames: "Slammy" and "Dalembeast."

Dalembert has been dedicated to a wide range of causes that involve young people and the needy. Basketball Without Borders, for example, an NBA-sponsored program, has been a special activity for him. He has traveled to locations around the globe instructing young people in basketball and life issues. In April 2007, he founded the philanthropic Samuel Dalembert Foundation (www.DalembertFoundation.org). He has set ambitious objectives for this program which has been designed to bring training in sports and personal values to the underprivileged children of Haiti. Independently, he has contributed to hospital needs and helped those affected by the many natural disasters that have impacted Haiti, including the January 2010 earthquake, as well as many other worthwhile causes.

In December 2009, Dalembert announced a three-year commitment to support UNICEF programs for children in Haiti. During a 2007 trip to Haiti, where he spent time at UNICEF-supported schools and hospitals, Dalembert saw first-hand the organization's commitment to bring hope and assistance to millions of Haitian families and children. Following the trip, he made a \$150,000 pledge to UNICEF to assist impoverished communities throughout Haiti over the next three years and has continued to support the people of Haiti through the Samuel Dalembert Foundation. Dalembert is focused on supporting the rebuilding of Haiti and working to improve the living conditions for Haitian children and families through restoration projects, health and education programs, and much more.

The NBA honored Dalembert with their Community Assist Award for his work with UNICEF and other relief organizations following the earthquake in Haiti. In the days following the tragic earthquake, Dalembert joined the NBA's long-time partner UNICEF to film a public service announcement to raise awareness and funding for relief efforts and made a personal donation of more than \$120,000 to the U.S. Fund for UNICEF. Later that month, Dalembert traveled to Haiti with NBA Legend Alonzo Mourning and Project Medishare to deliver emergency medical supplies and to provide hands-on assistance. Dalembert's commitment to earthquake relief continues.

FINAL EXAM HUMOR

How Various Academic Departments Determine Grades

Department of Statistics:

All grades are plotted along the normal bell curve.

Department of Psychology:

Students are asked to blot ink in their exam books, close them and turn them in. The professor opens the books and assigns the first grade that comes to mind.

Department of History:

All students get the same grade they got last year.

Department of Religion:

Grade is determined by God.

Department of Philosophy:

What is a grade?

Law School:

Students are asked to defend their position of why they should receive an A.

Department of Mathematics:

Grades are variable.

Department of Logic:

If and only if the student is present for the final and the student has accumulated a passing grade then the student will receive an A else the student will not receive an A.

Department of Computer Science:

Random number generator determines grade.

Department of Music:

Each student must figure out his grade by listening to the instructor play the corresponding note (+ and - would be sharp and flat respectively).

FINAL EXAM HUMOR

Funny Final Exam

INSTRUCTIONS: Read each question carefully. Answer all questions. Time limit: 4 hours. Begin immediately.

HISTORY: Describe the history of the papacy from its origins to the present day, concentrating especially, but not exclusively, on its social, political, economic, religious, and philosophical impact on Europe, Asia, America, and Africa. Be brief, concise, and specific.

MEDICINE: You have been provided with a razor blade, a piece of gauze and a bottle of scotch. Remove your appendix. Do not suture until your work has been inspected. You have fifteen minutes.

PUBLIC SPEAKING: 2500 riot-crazed aborigines are storming the classroom. Calm them. You may use any ancient language except Latin or Greek.

BIOLOGY: Create life. Estimate the differences in subsequent human culture if this form of life had developed 500 million years earlier, with special attention to its probable effect on the English parliamentary system. Prove your thesis.

MUSIC: Write a piano concerto. Orchestrate and perform it with a flute and drum. You will find a piano under your seat.

PSYCHOLOGY: Based on your knowledge of their works, evaluate the emotional stability, degree of adjustment, and repressed frustrations of each of the following: Alexander of Aphrodisias, Rameses II, Gregory of Nicaea, Hammurabi. Support your evaluation with quotations from each man's work, making appropriate references. It is not necessary to translate.

SOCIOLOGY: Estimate the sociological problems which might accompany the end of the world. Construct an experiment to test your theory.

ENGINEERING: The disassembled parts of a high-powered rifle have been placed on your desk. You will also find an instruction manual, printed in Swahili. In 10 minutes a hungry Bengal tiger will be admitted to the room. Take whatever action you feel appropriate. Be prepared to justify your decision.

ECONOMICS: Develop a realistic plan for refinancing the national debt. Trace the possible effects of your plan in the following areas: Cubism, the Donatist controversy, the wave theory of light. Outline a method from all possible points of view, as demonstrated in your answer to the last question.

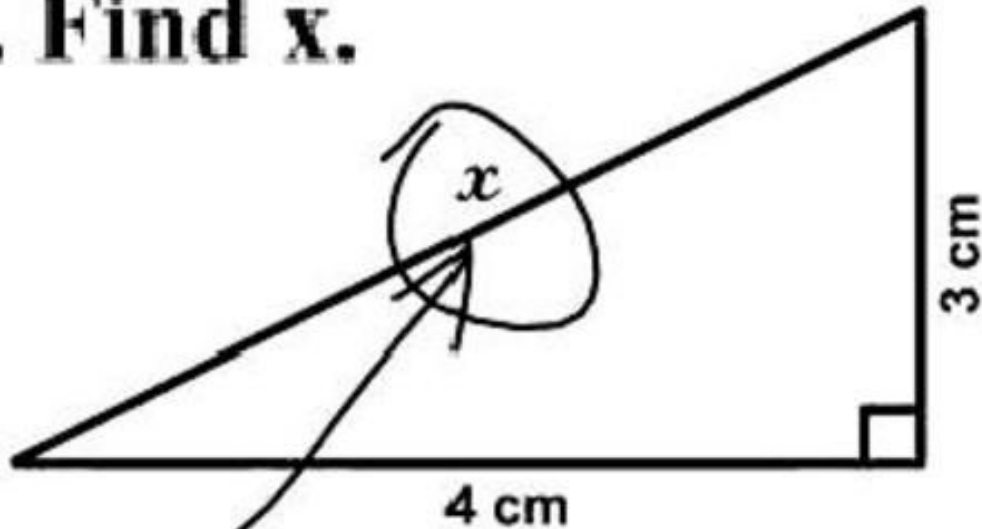
POLITICAL SCIENCE: There is a red telephone on the desk beside you. Start World War III. Report at length on its socio-political effects, if any.

PHYSICS: Explain the nature of matter. Include in your answer an evaluation of the impact of the development of mathematics on science.

PHILOSOPHY: Sketch the development of human thought, estimate its significance. Compare with the development of any other kind of thought.

FUNNY EXAM ANSWERS

3. Find x .



Here it is

After explaining to a student through various lessons and examples that:

$$\lim_{x \rightarrow 8} \frac{1}{x-8} = \infty$$

I tried to check if she really understood that, so I gave her a different example.

This was the result:

$$\lim_{x \rightarrow 5} \frac{1}{x-5} = \infty$$

FUNNY EXAM ANSWERS

35. The base of a triangle is $(2x+4)m$ and the area is $(2x+5x+2)m$.
How much longer is the base than the height?

I have no idea but
here's a rainbow to
make up for it.



And a bunny...



A college class was told they had to write a short story
in as few words as possible. The instructions were:
The short story had to contain the following three things:

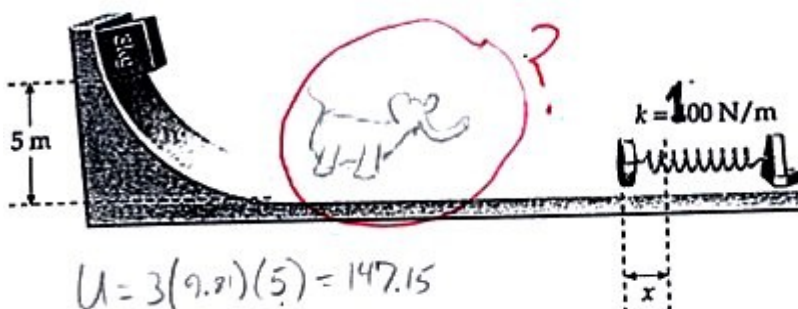
- (1) Religion
- (2) Sexuality
- (3) Mystery

Below is the only A+ short story in the entire class.

"Good God, I'm pregnant; I wonder who did it."

2. A 3-kg object is released from rest at a height of 5m on a curved
frictionless ramp. At the foot of the ramp is a spring of force
constant $k = 100 \text{ N/m}$. The object slides down the ramp and into
the spring, compressing it a distance x before coming to rest.

- 10 (a) Find x .
- 5 (b) Does the object continue to move after it comes to rest? If yes
, how high will it go up the slope before it comes to rest?



$$U = 3(9.81)(5) = 147.15$$

$$U_s = \frac{1}{2}(100)x^2 = 50x^2 \dots?$$

NO. there is an elephant in the way.



PUZZLE PAGE

Spring Unscramble

Unscramble the words below and then use the letters to fill in the message!

YDSLARPEILP

1	2	3	4	5	5	1	8	9	9	11	12	

FDSLAFIOD

3	2	6	6	10	3	8	1	5		

NPSIRG

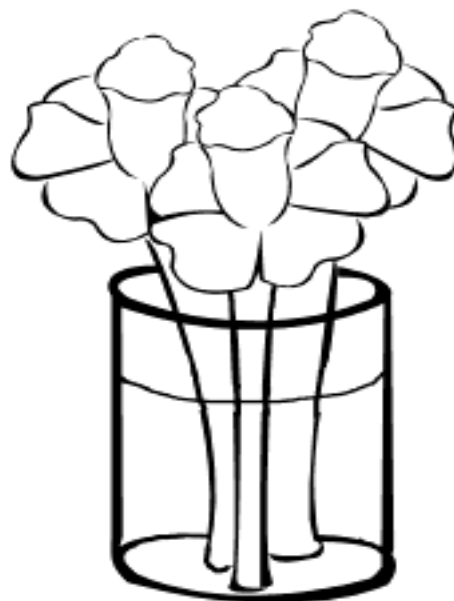
5	9	12	8	15	16	

UCRSCO

17	12	10	17	14	5	

ULLESBBLE

18	1	14	11	18	11	1	1	5				



The secret message:

						H		W				
2	9	12	8	1	5		10		11	12	5	

						M		
18	12	8	15	16	5		2	4

			W			
6	1	10		11	12	5

.....

.....

PUZZLE PAGE

Spring Flowers

ALLIUM
 AMALUNROOT
 AMARYLLIS
 ANEMONE
 BANE BERRY
 BISHOPS CAP
 BLOODROOT
 BLUEBELLS
 BUTTERCUPS
 COLUMBINE
 CROCUS
 DAFFODILS
 DELPHINIUM
 DUTCHMANS BREECHES
 FORGET ME NOTS
 GLORY OF THE SNOW
 HEPITICA
 HYACINTH
 IRIS
 JACK IN THE PULPIT
 LADYS SLIPPER
 LILY
 MARSH MARIGOLD
 MAY APPLE
 MAY FLOWERS
 NARCISSUS

OXALIS
 PHLOX
 POPPY
 PRAIRIE ROSE
 SCILLA
 SHOOTING STAR
 SIBERIAN SQUILL
 SNOWDROPS
 SPRING BEAUTY
 TRILLIUM
 TULIPS
 VIOLETS



D A F F O D I L S T R I L L I U M L
 P E M H K L V M K S E L P P A Y A M
 H R L A E L A D Y S S L I P P E R U
 L Y K P L P H I U C L R D O Z D S I
 O S A Z H U I X K U P I J P V U H L
 X J A C K I N T H E P U L P I T M L
 T B M Z I E N R I Z C J O Y V C A A
 O L A P P N W I O C Y E L T G H R S
 O U R Z J S T Z U O A S F U L M I N
 R E Y S U B A H X M T M N A G A G O
 D B L I G L O R Y O F T H E S N O W
 O E L L I U Q S N A I R E B I S L D
 O L I A B A N E B E R R Y G I B D R
 L L S X E B M R E N O M E N A R V O
 B S H O O T I N G S T A R I V E I P
 L T U J E S O R E I R I A R P E I S
 A E C G N B D D B I S H O P S C A P
 M L R Y M A Y F L O W E R S G H Z I
 Y O O P Z F A C O L U M B I N E M L
 F I C F D S B U T T E R C U P S A U
 M V U N A R C I S S U S C I L L A T
 K G S H D Q S Q C Z M H R K W A E F

Haitian Department and Capitals Answers from Page 4

Departments and Their Capitals

1. Artibonite = Gonaïves
2. Centre = Hinche
3. Grand'Anse = Jérémie
4. Nippes = Miragoâne
5. Nord = Cap-Haïtien
6. Nord-Est = Fort-Liberté
7. Nord-Ouest = Port-de-Paix
8. Ouest = Port-au-Prince
9. Sud-Est = Jacmel
10. Sud = Les Cayes

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